



17544 Midvale Ave. N., Ste. 100 Shoreline, WA 98133



Your Passport to Savings and Great Shopping



North City Project

Please pardon our dust while we remodel

Overview & History

The City of Shoreline's North City Project is a series of capital investments designed to improve the look and feel of the commercial shopping district, including traffic flow, traffic safety, street lighting, and pedestrian comfort and safety. This includes undergrounding electric wires, upgrading utilities such as water and sewer, and installing new signs, benches, planters, street trees, patterned sidewalks at intersections and printed crosswalks.

With the help of residents, business owners and potential developers, the City of Shoreline completed a North City Subarea Plan in 2001 to encourage redevelopment of this neighborhood business district. In addition to the capital investment, the City has also put in place streamlined permitting processes and tax incentives to support new redevelopment.

Construction start: **May 2005** Project completion: **May 2006**

For more information, please contact:

Web site: www.cityofshoreline.com/cityhall/projects/northcity

Email: northcity@ci.shoreline.wa.us

Construction Office: 17711 15th Ave NE, 367-1373 **Shoreline Capital Projects Manager:** 546-8903

North City Project Info Line: 533-2280



Frequently Requested Numbers

| City of Shoreline | 546-1700 |
|----------------------------------------------------------------------------------------------------------------|----------------------------------------------|
| Economic Development Program | 546-0959 |
| North City Project Office | 367-1373 |
| Chamber of Commerce | 361-2260 |
| Forward Shoreline | 285-0288 |
| North City Business Association | 528-0800 |
| Shoreline Police Business Line Eastside Neighborhood Center Shoreline Fire Department Shoreline Water District | 546-6730 363-8424 533-6500 362-8100 |
| Shoreline Library - 175th and 5th | 362-7550 |
| Shoreline School District | 368-4111 |
| Shoreline Conference Center | 368-4122 |

Teen Link Hotline 461-4922, 1-866-TEENLINK Community Info Line 461-3200, 1-800-621-4636 24-Hour Crisis Line 461-3222, 1-866-4CRISIS

www.cityofshoreline.com

The North City Business Directory was produced by the City of Shoreline with special thanks to Forward Shoreline, the North City Business District Association and the Shoreline Historical Museum. Additional copies are available at local businesses, the Shoreline Library or from the Shoreline Economic Development Program at 546-0959.

Shop North City Today!



Welcome to the North City Business Directory - your passport to discounts, specials, great shopping and services. Bring this Directory to participating businesses listed inside to take advantage of the special savings they are offering. You will be surprised at all that you will find "right around the corner." Located at 15th Ave. NE between 165th and 185th, this historic Shoreline neighborhood is undergoing a transformation. Visit today!

Page Category

- 2 Assisted Living Facilities
- 2 Churches, Education & Non-Profits
- 4 Clubs
- 4 Coffee Houses & Roasters
- 5 Restaurants & Bars
- 6 Retail

Apparel & Shoes 6 Automotive 6 Communications & Electronics 7 Gas Stations & Food Marts 7 Groceries & Specialty Foods 7 Home Improvement 9 Pharmacies & Drug Stores 9 Specialty Shops 10

11 Services

Automotive 11
Carpet & House Cleaning 14
Credit & Collections 14
Dry Cleaning & Laundromats 14
Financial 15
Landscaping Equipment & Services 15
Medical & Dental 15
Personal Services 17
Postal 18
Professional Services 18
Wellness/Fitness 20
Veterinary 20

- 21 Wholesale & Research
- 22 Index
- 13 Business District Map

When you read about a business in the listing, check the circled number against the map on pages 12 and 13 to find the location. In the listings, all telephone area codes are 206 and all addresses are Shoreline, Washington 98155 unless noted.

Assisted Living Facilities

Anderson House

Where friends and family are a tradition www.andersoncommunity.com Daily 9 a.m. to 5 p.m. All Anderson facilities have been family owned and operated for over 40 years. Stop by for a tour.

> **Adult Family Homes** 17127 15th Ave. NE 364-7131

Skilled Nursing & Rehabilitation Treatment Center 17127 15th Ave. NE.

The Plaza Retirement & Assisted Living

364-7131

17201 15th Ave. NE 364-9336

Parkview Services

18021 15th Ave. NE P.O. Box 65157 306-0790

info@parkviewservices.org www.parkviewservices.org Support for people with developmental disabilities and their families. Parkview has five distinct programs - Parkview Group Home, Affordable Housing Program, Camp, Stepping Out for Fun and the Homeownership Program.

Churches, Education & Non-Profits

Churches/Schools North West Church

Senior Pastor William Lawrence 15555 15th Ave. NE 364-2275 nwchurch@nwchurch.net www.nwchurch.net Office Hours Mon.-Fri. 9 a.m.-4 p.m., Sun. services and classes at 9:30 a.m., 11 a.m., 6 p.m.

St. Mark's Catholic Church

Father Otto Koltzenburg 18033 15th Pl. NE 364-7900 office@stmarkseatle.org www.stmarkseattle.org Office daily 9 a.m.-4 p.m., School Mon.-Fri. 7 a.m.-6 p.m. Catholic grade school K-8, preschool for children ages 3 to 4, serving families in Shoreline and Lake Forest Park.

Churches, Education & Non-Profits

The Vineyard Community Church

Partnering with others to serve the community Pastors Rich and Rose Swetman 17712 15th Ave. NE

363-4003 office@vineyard-cc.org www.TheVineyard-Shoreline.org Tues.-Fri. 9 a.m.-4 p.m. and Sun. worship at 10:30 a.m. Worship services, community

services and facility rental for weddings, receptions, parties and meetings.

Educational/Childcare

A Place for Kids

919 NE 185th St. NE 368-9079 Mon.-Fri. 6:30 a.m.-6:30 p.m. Childcare for 6 weeks to 5 years.

Kumon Center of Shoreline

Higher achievement 1555 15th Ave. NE 533-2300 kumonshoreline@comcast.net www.kumon.com Tues. & Fri. 2 p.m.-6:30 p.m. Supplemental math and reading instruction using the Japanese system. Free placement testing.

Talk, Learn & Communicate 17535 15th Ave. NE 440-9708 www.talklc.com Mon.-Fri. 8 a.m.-6 p.m. Speech pathology clinic. Specialists in

pediatric cases. Providing high quality services for individuals with speech, language, communication, sensory processing, motor, self-care and learning difficulties. Occupational, individual, group, and home care therapies.

Non-Profit Agencies

Center for Human Services

Building a stronger community one family at a time 17018 15th Ave. NE 362-7282 (V/TDD) admin@chs-nw.org www.chs-nw.org Daily 9 a.m.-5 p.m. Services for individual needs, including substance abuse treatment and family counseling. Medicaid accepted.

YMCA

Developing community, children & youth to their fullest in spirit, mind, & body 1220 NE 175th St.

364-1700 www.shorelineYMCA.org Mon.-Fri. 6 a.m.-10 p.m., Sat. 8 a.m.-5 p.m., Sun. 12 noon-5 p.m. Fitness, child care and sports for all ages.

Special: Show this Directory and receive \$10 off your next service or membership purchase.

Clubs

Chinese Athletic Association of Northwest America 1244 NE 175th St. 364-3435

Fraternal Order of Eagles 17724 15th Ave. NE 367-6096 Daily 8:30 a.m.-11 p.m. Private club

Seattle Chess Club

Member-owned nonprofit
17517 15th Ave. NE, Suite 201
417-5405 (info line) or 242-7076
www.seattlechessclub.org
Wed. 7 p.m.-11 p.m., Fri. 7 p.m.1 a.m. Chess play, both casual and rated. Lessons available.
Tournaments held. All ages welcome.

Coffee Houses & Roasters

Hotwire Online Coffee House

17551 15th Ave. NE 35 957-2000 info@hotwirecoffee.com www.hotwirecoffee.com Daily 7 a.m.-12 midnight. Delicious coffee, baked goods, sandwiches, desserts and other food items. 10 desktop computers, with direct connection to T-1 server and free wireless. U.S. and World Champion baristas. Coffee is hand roasted in small batches. Live music Thurs., Fri. and Sat. Special: One full hour of free internet surfing. Also ask about our student specials.

Seattle Gourmet Coffee

Where coffee reigns

17565 15th Ave. NE
417-5599
sean@seattlegourmetcoffee.com
www.seattlegourmetcoffee.com
Daily 5 a.m.-8 p.m. Wholesale
coffee, roasted to order with oldfashioned attention to customers.
See Web site for ordering
options. Daily specials. Drawings
for Mariners and Sonics tickets in
season.

Sunshine Espresso

Brighten your day at Sunshine Espresso
17765 15th Ave. NE
364-3613
www.seattlegourmetcoffe

www.seattlegourmetcoffee.com Daily 5 a.m.-8 p.m. Gourmet coffee & espresso drinks and pastries. Daily specials. Drawings for Mariners and Sonics tickets in season.

36

Restaurants & Bars

Domino's Pizza

17720 15th Ave. NE 365-6011



Hotwire Online Coffee House See page 4

Ichi Bento Teri Yaki 17203 15th Ave. NE 363-1663



Daily 11 a.m.-9 p.m. Your choice of yakisoba, rice, roles, sushi, chicken and beef specialties.

Did you know...?

The oldest "business" in North City is the Shoreline Water District (1931). Some of the other businesses that have been in the area for a long time include:

The Door Store 1948 North City Lounge 1955 Guitarville 1958 North Seattle Upholstery 1958 Shane's Shoes 1958 North City Laundromat 1960 North East Carpet Sales 1962 ABC Communications 1963 Anderson House 1964 North City Dental 1965 Safeway 1965 Les Schwab Tires 1967 North City Mowers & Saw 1970 Gary East Law 1972 Eco Enterprises 1972 Peking House 1973 Suni's Pizza & Burgers 1976 North City Cleaners 1979

Leena's Cafe

The place where friends meet 17732 15th Ave. NE 364-4919



Mon.-Sat. 6:30 a.m.-9 p.m., Sun 7 a.m.-8 p.m. Full-service restaurant, featuring great food, great service and great prices.

North City Bistro

1520 NE 177th St. 440-7544



Wed. - Sun. 5-9 p.m. Fine dining restaurant, operated in conjunction with the North City Wine Shop. Also available for private functions up to 50 people.

North City Lounge

Neighborhood tavern since the 1950s 17554 15th Ave. NE 362-1443

Daily 9 a.m.-2 p.m. Liquor, pull tabs, food.

North City Wine Shop & Wine Bar



1510 NE 177th St. 365-4447 ncwshop@qwest.net Shop opens at 1 p.m. Tues.-Sat., Bar opens at 4 p.m. Wed.-Sat. Unique selection of 1000 wines from around the world. Pairing of select hor d'oevres and wines. Half-case and case discounts. **Special:** Show Directory for

16% discount on your first case.

Restaurants & Bars

Peking House

sit down or take out.

17505 15th Ave. NE 365-6500 Daily 11:30 a.m.-10 p.m. Northern Chinese Mandarin, Szechwan, Hunan. Luncheon, dinner and lounge. Full meals for

Special: Buy one entrée and receive second entrée (of equal or lower value) for 50% off through March 31, 2006. Gift certificates available.

Did you know...?

The oldest building in continuous use in North City is the home of the North City Lounge. It was originally built as a grocery store and gas station in 1928.

Subway/TCBY

Get 'em toasted 18002 15th Ave. NE 306-0933 www.subway.com Daily 9 a.m.-10 p.m. Special: \$2 49 daily specials

Special: \$2.49 daily specials or four six-inch subs for only \$10.99

Suni's Pizza & Burgers 17751 15th Ave NE

17751 15th Ave. NE 362-8350

Daily 11 a.m.-10 p.m. Great pizza and burgers, along with salads, gyros, pasta and hot-baked subs. Convenient parking in front. *Special:* Monthly specials and Val-Pak coupons.

Retail

Apparel & Shoes

Shane's Shoes
17735 15th Ave. NE
364-1322
sales@seattleshoe.com
www.seattleshoe.com
Mon.-Fri. 9 a.m.-6 p.m.,
Sat. 9 a.m.-5 p.m. Casual comfort
footwear, custom orthotics in
only one hour, shoe
modifications.

Special: Free shoe and foot exam, plus \$10 off shoe purchase with Directory.

Automotive

Les Schwab Tires

If we can't guarantee it, we won't sell it 17754 15th Ave. NE 364-5674

Mon. - Fri. 8 a.m.-6 p.m., Sat. 8 a.m.-5 p.m. Tires, batteries, brakes, and front end work. Special: Show Directory and receive free brake inspection, battery testing and air.

6 City of Shoreline North City Business Directory

Communications & Electronics

ABC Communications

A real candy store for the communications hobbyist 17541 15th Ave. NE 364-8300

www.abc-comm.com Mon.-Fri. 9 a.m.-5 p.m., some Saturday hours. Two-way radios, VHF marine radios, CB and ham radio equipment, technical books, and related parts and service. The Puget Sound region's expert provider since 1963.

Gas Stations & Food Marts

7-Eleven & Citgo 16920 15th Ave. NE Daily 24 hours.

North City Food Mart & Exxon

18005 15th Ave. NE 368-8558 Daily 6 a.m.-12 midnight.

North City Texaco & Grocery 17563 15th Ave. NE

366-0830
Daily 5:30 a.m.-11 p.m. Gas station. Free coffee with fill up.

Groceries & Specialty Foods

Custom Pure

1514 NE 179th St. 363-0039

Info@custompure.com Mon. and Sat. 10 a.m.-4 p.m., Tues.-Fri. 10 a.m.-6 p.m. Bottled water and filters for drinking, shower and bath.

Special: \$50 off on drinking water filter. First fill up free with bottle purchase.

D' Unik Gift Shoppe & Oriental Food

18002 15th Ave. NE 361-9474

Daily 10 a.m.-7 p.m. Groceries, hot foods, gift items.

Dream Dinners

18

All the ingredients for a great meal 1504 NE 179th St. 417-0555

northseattlewa@dreamdinners.com www.dreamdinners.com Wed.-Sat. 9 a.m.-5 p.m. Preassembled meals and recipes to take home and freeze.

Special: One entrée free with every 12 purchased.

Indian Sweet and Spice

The only Indian specialty store in Shoreline and Lake Forest Park 18002 15th Ave. NE, Suites C-D 367-4568

Daily 10 a.m.- 8:30 p.m. Ethnic grocery, spices, sweet pastries, movies.

Special: 10% discount on spices purchases of \$25 or more.

Kittyhugs Baking Company

Your personal bakery
1508 NE 179th St.
361-5740
info@kittyhugsbaking.com
www.kittyhugsbaking.com
Retail open Fri. 3 p.m.-7 p.m.,
Sat. 9 a.m.-2 p.m. Call for special
orders. A variety of desserts
from classic to contemporary.

Special: Preorder one item and
get the second item 25% off.

North City Wine Shop & Wine Bar

1510 NE 177th St.

365-4447
ncwshop@qwest.net
Shop opens at 1 p.m. Tues.-Sat.
Bar opens at 4 p.m. Wed.-Sat.
Unique selection of 1000 wines
from around the world. Pairing
of select hor d'oevres and wines.
Half-case and case discounts.

Special: Show Directory for
16% discount on your first case.

Safeway

17202 15th Ave. NE 363-3130

www.safeway.com

Daily 5 a.m.-1 p.m. Retail grocery providing a full assortment of quality food and drug products. **Special:** Take advantage of great savings everyday with the Safeway Club card and weekly specials.

Sarfia Sausage House

Straight from the heart of Europe 1514 NE 177th St. 417-5567

Thurs.-Sat. 10 a.m.-7:30 p.m. Authentic butcher's delicatessen featuring old-fashioned, hand-crafted meat specialties. Smoked and non-smoked. No fillers or preservatives. Gift baskets available.

Did you know...?

In the 1920s and 1930s, businesses began to spring up along 15th Avenue NE to cater to people moving into the new subdivisions being built in the area - Monte Vista, Jardin el Norte, Lago Vista and Lake Forest Park Third Addition.

Home Improvement Frank's Lumber - The Door

Store

17727 15th Ave. NE 362-2311

franklumber@earthlink.net www.franklumberthedoorstore.com Mon.-Fri. 8 a.m.-6 p.m., Sat. 9 a.m. - 4 p.m. Regional leader in wood doors and door products, both interior and exterior. Thousands of doors to choose or custom build the door of your dreams. Custom prehanging and same day match up service.

Home Expressions

A quality product at a working man's price 17718 15th Ave. NE 418-1156 www.homeexpressions.net Mon.-Fri. 9 a.m.-5 p.m., Sat. 9 a.m.-3 p.m. Remodels, additions, decks, interior and exterior painting, and kitchens.

North City Lumber

1221 NE 175th St. 362-6200

Lumber building supplies. Two yards to better serve you.

North East Carpet Sales

17534 15th Ave. NE 13 363-2280 www.NECarpetSales.com Mon.-Fri. 9:30 a.m.-5 p.m., Sat. 9:30 a.m.-5 p.m. Sales and

installation of quality carpet, tile, hardwood and vinyl floor products.

Special: 5% discount with Directory.

North Seattle Upholstery

A lifetime of experience in fine upholstery 18026 14th Ave. NE 364-2700

Daily 8 a.m.-5 p.m. Furniture upholstery.

Special: Ask about our discounts and guarantees.

Pharmacies/Drug Stores

The Medicine Shoppe

What a pharmacy was meant to be Mike LaGrandear, Registered Pharmacist, 17406 15th Ave. NE, Suite B, 361-8977 Mon.-Fri. 10 a.m.-6:30 p.m., Sat. 10 a.m.-2 p.m. Prescription and over-the-counter medications. High level of personal attention.

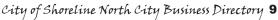
Walgreens

25

Convenient neighborhood drugstore 17518 15th Ave. NE 361-0080

Daily 8 a.m.-10 p.m. Medicines, food, toys, hardware, greeting cards, photo processing, and more. Drive-thru pharmacy. Look for daily "save more" specials.





Specialty Shops

Guitarville

prices.

We deal world wide 19258 15th Ave. NE 363-8188 www.guitarville.com Mon.-Sat. 10 a.m.-7 p.m. New and used vintage guitars, amps, and effects. Studios and lessons available. All merchandise and lessons are at everyday low, low

Special: Look for discount tags.

Healthy & Wealthy Living (AKA "The Salad")

Health is wealth
18002 15th Ave. NE, Suite J
361-9470
lyndaqta.mayo@yahoo.com
Mon.-Sat. 10 a.m.-7 p.m.
Authorized dealer of Saladmaster
and Cookware Co. products.
Special: Cooking classes, dinner
shows and drawings for free
cookware.

Smiley Dog

delivery.

Keeping pets and their people smiling 19246 15th Ave. NE 903-9631 www.smileydog.com Daily 10 a.m.-7 p.m. Pet foods, raw diets, supplements, litter and other supplies. Free home

Swift Water Sports

Unique in Western Washington 17703 15th Ave. NE 547-3377 info@swiftwatersports.com www.swiftwatersports.com Mon.-Fri. 10 a.m.-6 p.m., Sat. 10 a.m.-5 p.m. Sales and rentals of inflatable river boats. Classes available. Guided fly fishing trips. Call about our classes in white water rafting.

37

Top Guns

18002 15th Ave. NE

365-8479 topgunsfirearms@aol.com
Tues.-Sat. 10:30 a.m.-6 p.m.
Quality firearms, accessories, and sporting goods. Boresighting, special orders and repair available.

Did you know...?

In 1947 a group of business owners formed a community club to organize promotion and improvements for the area. The group held a contest to come up with the name. "North City" was chosen, and soon became a promotional tool playing on the name as if it were a place in the far Alaskan north.

31

30

Automotive

Cornerstone Auto Inc. 1244 NE 175th St. 364-3435

Mechanical and auto body work. **Special:** 15% off labor for seniors.

Europa Car Care 1234 NE 175th St. 363-2727

Mon.-Fri. 8:30 a.m.-6 p.m., Sat. 8:30 a.m.-2 p.m. Auto repair, service and maintenance, specializing in European cars of all types. Quality service, fast turnaround, latest computerized systems.

Special: 10% discount on labor costs for first-time customers.

Les Schwab Tires

If we can't guarantee it, we won't se 17754 15th Ave. NE 364-5674 Mon.-Fri. 8 a.m.-6 p.m., Sat. 8 a.m.-5 p.m. Tires, batteries, brakes, and front end work. Special: Show Directory and receive free brake inspection, battery testing, and air.

Nguyen's Motor Works

We take pride in honesty and custom satisfaction

1505 NE 175th St. 306-2728

Mon.-Sat. 9 a.m.-7 p.m. Superior quality automotive work. Specialist in electrical, engine, transmission, suspension, brakes, and power trains.

Special: Everyday discount prices. Quoted on "Car Talk" radio.

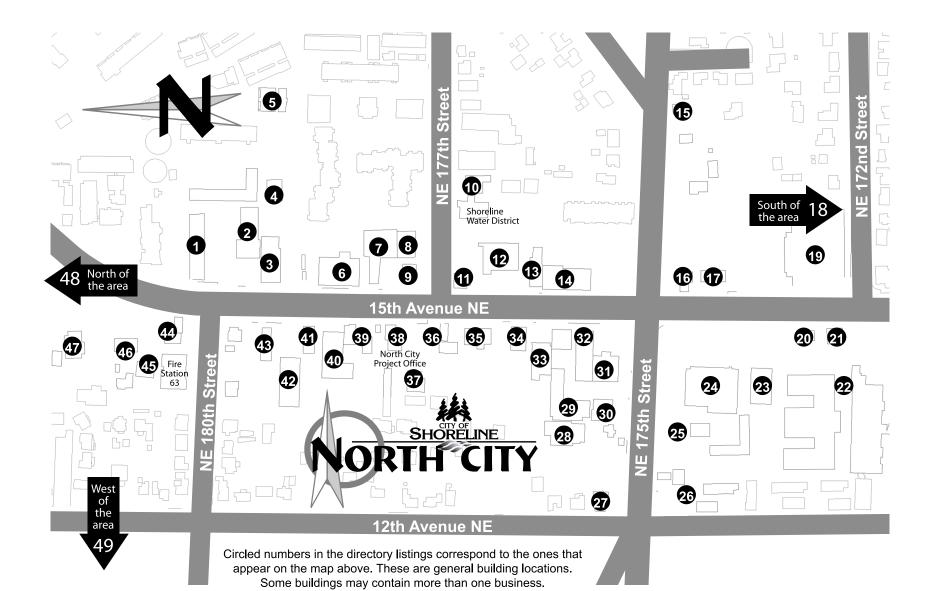
North End Automotive 1211 NE 175th St.

361-2641

Mon.-Fri. 7 a.m.-6 p.m., Sat. 9 a.m.-4 p.m. Complete auto repairs.

Special: Show Directory for \$22.95 oil change with free tire rotation, and 10% off brake work. Also see Val-Pak.

Sonny's Complete Auto Repa 17704 15th Ave. NE 364-7770



Carpet & House Cleaning

Four Seasons Carpet Cleaning 17721 15th Ave. NE 948-5151

Daily 7 a.m.-7 p.m. Carpet and upholstery cleaning.

Special: One additional room free when paying for a minimum of two rooms plus hallway.

Maid Brigade

Beneath the clean you'll find sparklive customer service
17229 15th Ave. NE
362-8439
www.maidbrigadenw.com
Daily 8:30 a.m.-5 p.m.
House cleaning.
Special: \$15.00 off your first cleaning.

Credit & Collections

Allied Credit Services Inc.

Our success depends on your satisfact 1240 NE 175th St., Suite C 1-800-464-7339, 367-1720 allcardserv@aol.com Mon.-Fri. 8:30 a.m.-5:30 p.m. Bonded debt recovery services, locally and nationally.

Associated Credit Services 1539 NE 177th St., Suite C-D 16361-0062

Dry Cleaning & Laundromats

North City Cleaners 17721 15th Ave. NE 362-3907

Mon.-Fri. 7 a.m.-7 p.m., Sat. 9 a.m.-5 p.m. Dry-cleaning and laundry, drapes pickup and delivery.

Special: 20% off Dry-cleaning through May 31, 2006.

North City Laundromat 1510 NE 177th St.

p.m., Sat. 9:30 a.m.-6 p.m.

364-1475 Daily 6 a.m.-10 p.m. Attendant on duty Sun.-Fri. 9:30 a.m.-7

Seven Cleaners 17406 15th Ave. NE

368-8508

1

Financial

Advance America

Money you can count on 1502 179th St. NE 367-8900 Mon.-Thurs. 10 a.m.-6:30 p.m., Fri. 9 a.m.-7 p.m., Sat. 9 a.m.-3 p.m. Pay day loans from \$100 to \$700. Special: \$10 discount first time customers.

BECU Shoreline ESC

More than just money 17202 15th Ave. NE (in Safeway) (Mail Stop 1121-20, PO Box 97050) 439-5700 dseavers@becu.org Mon.-Fri. 9 a.m.-6 p.m., Sat. 9 a.m.-1 p.m. Credit union.

Landscaping **Equipment & Services**

L & L Landscaping (425) 353-1084 Residential & Commercial Landscaping. Serving Shoreline, Kenmore, and Lake Forest Park. Special: 25% discount for fees after first \$300 of service.

North City Mowers & Saw Inc.

We sell quality that holds up and service what we sell 910 NE 185th St. 363-6556 ncms@archerserve.com Tues.-Sat. 9 a.m.-5 p.m. Winter hours Sat. 9 a.m.-3 p.m. Outdoor power equipment, small engines repair, sales and service. Free disposal of your junk units mowers, trimmers, saws, etc.

Medical & Dental

Lawrence Commons, DDS Uncommon care with a smile 17500 12th Ave. NE 363-2300 drcommons(a)juno.com Mon. 8 a.m.-6 p.m., Tues. 8 a.m.-5:30 p.m., Wed. 8 a.m.-5 p.m., Thurs. 8:30 a.m.-3 p.m. Fullservice, quality dental care for the entire family. Call today for current new patient specials.

Did you know...?

In the 1950s, the North King County Fair called "Sourdough Days" was held in North City and featured rides, games, a horse show, contests and other specialty attractions.

Geil Physical Therapy

Tim & Anne Geil 18021 15th Ave. NE, Suite 205 365-0110

Hours by appt. Highly-trained specialists in manual and cranial therapy. Advanced URSA evaluation and treatment. We address conditions not helped by other approaches such as traditional massage, physical therapy, chiropractic or pharmacology.

Integrated Manual Therapy, LLC

Wayne Rasmussen & Edward Elder 18021 15th Ave. NE, Suite 201 362-5255 intmantherapy@comcast.net Mon, Wed, and Fri. 7:30 a.m.-3:30 p.m., Tues. and Thurs. 10 a.m.-6 p.m. Physical therapy and athletic training for functional improvement, pain relief and performance.

Gary Marshall, DDS

1610 NE 179th St. 365-1557

Mon.-Wed. 8 a.m.-5 p.m., Thurs. 7 a.m.-3:30 p.m. Caring, personalized dental services for the entire family.

North City Chiropractic Health Clinic

Cheri Markos, DC 1624 NE 179th St. 362-3508

Mon., Wed., and Fri. 9:30 a.m.-6:30 p.m., Tues. 2:30 p.m.-6:30 p.m., Thurs. 10 a.m.-2 p.m. Chiropractic and massage treatment.

Special: Show this Directory and receive free initial exam.

North City Dental

Creating new smiles
Monty and Barbara Junker, DDS
PS
17502 12th Ave. NE
362-8088
info@northcitydental.com
www.northcitydental.com
Mon.-Sat. 8 a.m.-5 p.m.
Comprehensive dental care with a focus on preventive, aesthetics and implant dentistry.

Did you know...?

The 1950s "Sourdough Days" fair reflected North City's Alaska theme with costumes, displays and plays echoing the gold rush days. The annual Sourdough Days parade on 15th Avenue NE drew thousands of visitors to the area each July and was an official Seafair event.

Wellness Massage for Women

Jennifer Gallagher 18021 15th Ave. NE, Suite 204 365-9777

Hours by appt. 10 years experience in massage therapy. Offering Swedish Deep Tissue, pregnancy, neuromuscular, MLD massage therapy. Gift certificates available. PIP and L&I billing. Treating conditions such as pain and stress relief, FMS, whiplash, chronic pain, new and old injuries, headache and TMJ. *Special:* First time customers \$5 off one hour or \$10 off 90 minute massage.

Personal Services

Angela Hair Cuts 17714 15th Ave. NE 363-2152

Daily 10 a.m.-7 p.m.

Special: \$1 discount for seniors, \$2 discount for children, walk-ins welcome.

Face Haven

Different facials - one is right for you 17517 15th Ave. NE, Suite A 306-2497 facehaven@yahoo.com Mon.-Fri. 1 p.m.-7 p.m. Facial service and skincare products. **Special:** 10% off facial service for first time customers. Group discounts.

Happy Nails

17715 15th Ave. NE, Suite C 306-2227

Mon.-Sat. 10 a.m.-7 p.m. Professional nail service, including spa pedicure, waxing and hand design.

New Creations Hair Salon

Family hair care 1539 NE 177th St., Suite A 364-1366

Tues.-Sat. 9 a.m.-6 p.m. (other hours by appt.). Complete hair services for men, women and children. Gift certificates and donations to service organizations available.

North City Barber

Quality and pride in barbering 17715 15th Ave. NE 362-8092

Wed.-Mon. 9:30 a.m.-6:30 p.m. Precision hair cuts for men, women, seniors and children. 10 years serving the North City and Lake Forest Park communities. Everyday low prices. Walk-ins welcome.

Special: \$2 off first-time customers.

Riposante Esthetics Skin Care

19728 10th Ave. NE 361-1792

www.riposanteskincare.com Hours by appointment only.

The Cut

We work from head to toes 18002 15th Ave. NE, Suite H 362-3965

Mon.-Sat. 10 a.m.-7 p.m., Sun. 10 a.m.-5 p.m. The Cut is a full service salon. \$8.99 haircut for men, women and children. *Special:* Show this Directory and receive 20% discount for all hair

Postal

\$24.

Shoreline Package & Post 1510 NE 177th St. 364-1475

products. Packages starting at

Sun. - Fri. 9:30 a.m.-7 p.m., Sat. 10 a.m.-6 p.m. Notary, DHL shipping, faxes, package receiving, private mailboxes, great customer service.

Special: Two months free mailbox rental when you sign up for one year.

U.S. Post Office, North City 17233 15th Ave. NE

Professional Services

Accounting

Cook & Company PS
1620 NE 179th St.
362-1337/362-2786
steve@cooknco.com
www.cooknco.com
Mon.-Fri. 8:30 a.m.-5 p.m.
Certified Public Accountants for taxes, business accounting, auditing and consulting.

Architectural
Gabbert Architects
Marlin Gabbert
367-3600
marlin.g@gabbertarchitects.com

Environment Control Inc. 17713 15th Ave. NE, Suite 101 417-2900 www.seattlejanitorialcleaning.com Mon.-Fri. 8 a.m.-5 p.m. Office janitorial services, floor care,

windows, landscaping and more.

Merkava Construction 17517 15th Ave. NE 679-7244

Business Consulting



Did you know...?

St. Mark's Parish is the largest organization in North City in terms of total persons, with more than 300 volunteers plus the 30 pastoral and office staff. Anderson House has the most paid employees with a total of 175.

Recognition Works

When you get serious about performance, you get serious about employee recognition 17715 15th Ave. NE, Suite B 353-8267

theresa@recognitionworks.net www.recognitionworks.net Mon.-Fri. 8:30 a.m.-5 p.m. Design, consultation and training for employee recognition programs aligned with business goals and values.

Special: \$20 off registration fee for selected workshops. See Web site for details.

Robson Mechanical 1622 NE 179th St.

Legal

Gary East, Attorney-at-Law 17553 15th Ave. NE 528-0800

gary@garyeastlaw.com Mon.-Fri. 8:30 a.m.-4:30 p.m. Legal services. Specializing in commercial litigation and real estate matters. Free initial consultation.

Real Estate

Associated Appraisal Group 18021 15th Ave. NE, Suite 202 367-1718 Daily 8 a.m.-5 p.m. Residential real estate appraisal.

John L. Scott Real Estate

We take pride in our integrity and the quality of our service
Gene Counts
Sales consultant
501-6100
genecounts@johnlscott.com
Buying and selling real estate.

Wilson Realty

Robert Wilson 16910 15th Ave. NE 367-0200

www.wilsonrealtyexchange.com Mon.-Fri. 9 a.m.-5 p.m. Professional management of real estate assets for sale, trade or exchange.

Did you know...?

North City's 15th Avenue NE is the site of the City of Shoreline's Celebrate Shoreline Parade each August. Thousands of people turn out to cheer their favorite entries, enjoy the festival and celebrate the City's anniversary date.

Wellness/Fitness Siddha Yoga Meditation Center

Welcoming people of all faiths and cultures
17529 15th Ave. NE
417-7282

www.symcseattle.org See Web site for schedule of programs, courses, intensives and special events.

Tree House Iyengar Yoga

Instruction for every <u>body</u>
18021 15th Ave. NE
361-YOGA (9642)
www.thiyoga.com
Daily 8:45 a.m.-9 p.m. Certified
yoga instruction for every bodygentle, prenatal, children and
teens. Free intro classes each
session.

USA Karate - Martial Arts Academy

1535 NE 177th St. 440-5533

senseijoni@usakaratedojo.com www.usakaratedojo.com Mon.-Thurs. 4 p.m.-9 p.m., Sat. 9 a.m.-12 noon. High quality instruction at affordable prices. Spacious and clean facilities. Ages 5 years and up. We strive to be a driving force in the community for personal safety, refinement of character and personal citizenship. We support family fitness and personal growth.

Special: Free private consultation and uniform with 3-lesson trial course.

Veterinary

Spay & Neuter Clinic Dr. Henk Kunnen 17211 15th Ave. NE 362-0505



10

Did you know...?

The North City Neighborhood Association, the North City Business District, the Shoreline Water District and the City of Shoreline host a Tree Lighting Festival each year to kick off the holiday season. Typically held the first Saturday in December, the festival includes caroling, photos with Santa, refreshments, a food drive and the ceremonial lighting of the tree placed on top of the water tower.

Wholesale & Research

Wholesale

Eco Enterprises 1240 NE 175th St., Suite B 1-800-426-6937 or 363-9981 www.ecogrow.com Home of Ecogrow plant nutrients.

Industrial Air System 17739 15th Ave. NE 367-5115 Mon.-Fri. 7 a.m.-5 p.m. Providers of industrial and commercial air handling equipment.

Kittyhugs Baking Company See page 7

Did you know...?

The City of Shoreline was ranked the number one place to live in the Puget Sound region by Seattle magazine in its July 2005 issue. Seattle magazine ranked 84 cities and Seattle neighborhoods based on housing prices, schools, crime rates, commute times, commercial areas and parks.

Seattle Gourmet Coffee See page 4

The Wholesale Parts People 1836 NE 171st St. 365-7021 gregg@blarg.net

Research & Products

Tamer Lab &

pH Sciences Inc. Optimal living through healthy body ÞН 17320 12th Ave. NE 364-6761 www.pHSciences.com Mon.-Fri. 9 a.m.-5 p.m. Research and development.

Index

Symbols

7-Eleven 7

A

A Place for Kids 3
ABC Communications 7
Advance America 15
Allied Credit Services Inc. 14
Anderson House 2
Angela Hair Cuts 17
Associated Appraisal Group 19
Associated Credit Services 14

В

BECU Shoreline ESC 15

C

Center for Human Services 3
Chinese Athletic Association of
Northwest America 4
Cook & Company PS 18
Cornerstone Auto Inc. 11
Custom Pure 7
Cut 18

D

D' Unik Gift Shoppe & Oriental Food 7 Domino's Pizza 5 Dream Dinners 7

E

Eco Enterprises 21
Environment Control Inc. 18
Europa Car Care 11

F

Face Haven 17
Four Seasons Carpet Cleaning
14
Frank's Lumber - The Door Store
9
Fraternal Order of Eagles 4

G

Gabbert Architects 18
Gary East - Attorney-at-Law 19
Gary Marshall, DDS 16
Geil Physical Therapy 16
Guitarville 10

H

Happy Nails 17 Healthy & Wealthy Living (AKA "The Salad") 10 Home Expressions 9 Hotwire Online Coffee House 4

Ī

Ichi Bento Teri Yaki 5 Indian Sweet and Spice 8 Industrial Air System 21 Integrated Manual Therapy, LLC 16

Index

J

John L. Scott Real Estate 19

K

Kittyhugs Baking Company 8, 21 Kumon Center of Shoreline 3

L & L Landscaping 15 Lawrence Commons, DDS 15 Leena's Cafe 5 Les Schwab Tires 6, 11

M

Maid Brigade 14 Medicine Shoppe 9 Merkaya Construction 18

N

New Creations Hair Salon 17 Nguyen's Motor Works 11 North City Barber 17 North City Bistro 5 North City Chiropractic Health Clinic 16 North City Cleaners 14 North City Dental 16 North City Food Mart & Exxon 7 North City Laundromat 14 North City Lounge 5 North City Lumber 9 North City Mowers and Saw Inc. 15 North City Texaco Grocery 7 North City Wine Shop & Wine Bar 5, 8 North East Carpet Sales 9 North End Automotive 11 North Seattle Upholstery 9 North West Church 2

P

Parkview Services 2 Peking House 6

Index

R

Recognition Works 19
Riposante Esthetics Skin Care
17
Robson Mechanical 19

S

Safeway 8 Sarfia Sausage House 8 Seattle Chess Club 4 Seattle Gourmet Coffee 4, 21 Seven Cleaners 14 Shane's Shoes 6 Shoreline Package & Post 18 Siddha Yoga Meditation Center 20 Smiley Dog 10 Sonny's Complete Auto Repair 11 Spay & Neuter Clinic 20 St. Mark's Catholic Church 2 Subway/TCBY 6 Suni's Pizza & Burgers 6 Sunshine Espresso 4 Swift Water Sports 10

T

Talk, Learn and Communicate 3
Tamer Lab and pH Sciences Inc.
21
The Cut 18
The Medicine Shoppe 9
The Vineyard Community Church
3
The Wholesale Parts People 21
Top Guns 10
Tree House Iyengar Yoga 20

U

U.S. Post Office, North City 18 USA Karate - Martial Arts Academy 20

V

Vineyard Community Church 3

W

Walgreens 9
Wellness Massage for Women
17
Wholesale Parts People 21
Wilson Realty 19

Y

YMCA 3